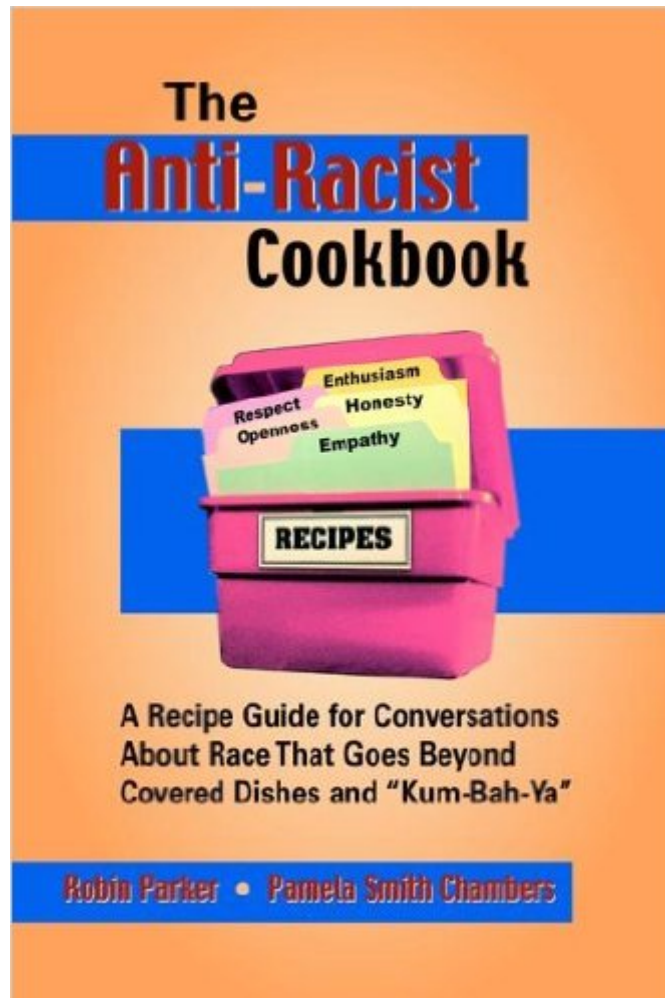


The book was found

# The Anti-Racist Cookbook



## Synopsis

Many Americans are distressed by race but few know how to talk about it. This book tells how. Dialogue, the authors posit, begins the path to racial reconciliation. The Anti-Racist Cookbook gives straight-forward advice on forming dialogue groups. From whom to invite and how to arrange the room to how to facilitate and what questions to discuss, everything is here. Recommended for community groups, students, activists, educators, trainers, faith-based organizations, diversity councils, and anyone else interested in answering the question "What can we do and how can we do it?"

## Book Information

Paperback: 132 pages

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Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #133,304 in Books (See Top 100 in Books) #13 in [Books > Politics & Social Sciences > Sociology > Race Relations > General](#) #227 in [Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Minority Studies](#) #383 in [Books > Reference > Words, Language & Grammar > Communication](#)

## Customer Reviews

Race relations continues to be an important, pervasive, and difficult social issue in this opening decade of 21st century America. Co-authored by Robin Parker and Pamela Smith Chambers, *The Anti-Racist Cookbook: A Recipe Guide For Conversations About Race That Goes Beyond Covered Dishes and "Kum-Bah-Ya"* basic information on the problem of race relations and the authors' approaches and philosophy. It then goes on to provide practical, applicable information on how to organize and facilitate a small-group discussion on race. There are separate chapters devoted to focusing on an individual's cultural background and early messages about race and ethnicity; the different emotional experiences of race in everyday life and what work individuals can do to improve race relations; conversational oriented intervention strategies that individuals can use to combat prejudiced comments or statements that derail interracial understanding. *The Anti-Racist Cookbook*

is ideal for community activists and non-specialist general readers with an interest in helping themselves, their families, friends, neighbors, and communities in successfully dealing with race relations issues.

I am so glad that I found this book. I have had many conversations about race, but almost all of them never went beyond the surface. People are so afraid to talk about this very important topic. The Anti-Racist Cookbook turns conversations about race into deep, meaningful experiences. I was really pleased with the results of the first conversation I organized using this book. All I can say is that it's about time for this kind of book.

I really enjoyed this book. It lays out some great ideas to organize meaningful dialogue around how we perceive and respond to race related issues. The ideas and recipes are simple, fun, and motivating. Getting beyond the surface dialogue of race in this country is critically important. This book gives us some great ideas on how to get started.

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